

This form is in two parts and invites you to;

~ **Read my Client Agreement**

Give your Informed Consent to my Terms of Business and way of working.

~ **Complete a Pre-Appointment Questionnaire**

Share information about your health and specific needs.

Reflect on and share your deeper intention for this session.

AURORA TANTRA VIRTUAL CLIENT AGREEMENT

About Virtual Tantra Sessions

Spending time with me online may involve guided self touch or movement, breath-work, meditation or talking therapy.

An overarching intention is to give you, the client, an experience of being your true self, of connecting with your sexual desires and erotic energy and feeling free to express yourself fully.

I aim to provide a safe non-judgmental space in which you can explore personal boundaries and connect to your pleasure. These sessions are powerful and have the capacity to bring up material from your unconscious into conscious awareness thus shedding light on past traumas, patterns of behaviour and limiting beliefs so it is important that you are resourced enough to take responsibility for whatever may arise.

Tantra is a multidimensional modality that invites you on a journey to explore healing possibilities for body, mind, heart and soul.

In these sessions I intend for tantric energy to flow through me to you. The healing is relational and may involve a reciprocal flow of energy. At times we may find ourselves spiralling together in connection and provided this is mutually consensual I will go with the energy that is present at the time and give of myself as much as I feel comfortable to give in the moment. This will be offered to you on a gift basis.

I invite you to feel into the value you receive from our time together and to pay from the heart for what you receive.

Confidentiality

I offer a completely confidential service and under normal circumstances no information about you will be passed onto a third party. The only exceptions to this are:

Within the professional requirements of supervision. (see below)

If I believe that you or another person is at risk of serious harm.

If you disclosed information about a proposed act of terrorism, drugs trafficking or money laundering I am legally obliged to pass this on to the relevant authorities.

Your Privacy

I do not send unsolicited emails or messages other than a follow up message after an appointment via an agreed method.

I keep written notes on each session, which you are welcome to see at any time. These notes are anonymised and securely stored in accordance with the Data Protection Act 1998 and General Data Protection Regulations.

Contact Between/Outside of Sessions

If we meet outside of sessions in a public place I will not acknowledge you unless you acknowledge me first.

Please note that I do not engage in extended text conversations between sessions, I prefer to correspond via email and I keep interactions between sessions to a minimum in order to preserve the therapeutic relationship.

My Availability

My phone will be switched off from 5pm on Friday to 10am on Monday, (the exception being if we have a scheduled appointment on a Sunday).

I will endeavour to reply to all messages within 7 days.

I am committed to honouring my cyclical nature and my own spiritual process therefore at certain times I will not be available. I am subject to flights of fancy and spiritual missions and therefore do not keep regular office hours.

Record Keeping and Privacy

I keep written notes on each session, which you are welcome to see at any time. These notes are anonymized and securely stored in accordance with the Data Protection Act 1998 and General Data Protection Regulations.

Session Duration

All Sessions are 90 minutes. Shorter sessions are not available.

Payment Method

My default payment method is by Bank Transfer, unless otherwise agreed.

Physical and Technical Requirements for Virtual Sessions

Minimum requirements are:

- A stable internet connection and confidence using Zoom or Google Meet.
- A laptop or tablet that can be placed close to you so that I can see at least the top half of your body, enabling you to be hands free.
- A private space where you will not be disturbed.
- The ability to manoeuvre yourself from a seated to lying position and adjust the laptop accordingly.
- If you call me from a car or if your environment is in any other way inappropriate, such as being a public space, the session will be terminated and you will be charged in full.

Investment

My standard rate for all virtual sessions is **£75**. Concessionary rates are not available.

If you would like to pay more from the heart or top up your donation after a session, this is most welcome.

Cancellation Policy

Cancellation will incur a fee unless it is a genuine emergency.

Between 0 and 24 hours notice of cancellation or rearrangement, the full session fee is payable.

Between 24 and 48 hours notice of cancellation or rearrangement, 50% of the session fee is payable. I will retain your payment as a deposit for rebooking, or once you provide your bank details, I will refund you an amount of £37.50.

If I need to cancel a session for an unforeseeable reason I will endeavour to give you a minimum of 48 hours notice and offer an alternative arrangement, however this may not always be possible, for example in the event of illness or emergency.

Late Arrivals

Session start times are fixed upon booking, I make myself available to you at this time, for the agreed duration and you will be charged from the agreed start time, whether or not you are present.

I will wait for you for a maximum of 20 minutes, at which point the session will not go ahead and you will still be charged.

For example, we agree the session will be at 10am. You arrive at 10.15am. The session will finish at 11.30am. If you arrive at 10.25am I will not continue with the session. This will go down as a non-attendance. You will be charged and invited to rebook.

Feedback

I like to hear how you have been impacted by a session and offer you an opportunity for deeper

reflection a few days after our session. This is often done by email but phone/video calls are available on request. If our session has touched you deeply please do reach out if you need additional support.

Commitment

Tantra is a deeply transformational process, whether you are coming for a sensual massage or a deeper healing. You will get out of it what you put in. It requires your commitment, your honesty both with yourself and me, and a desire to change, grow and learn. I have a genuine helping intent and offer commitment, honesty and the utmost respect for you as an individual.

Respect

I reserve the right to terminate a session if you attend under the influence of drugs, alcohol or any other substance, if you breach my personal boundaries or if feel a lack of respect or personal safety.

Complaints, Concerns & Queries

Please do not hesitate to discuss anything that is negatively impacting your therapeutic experience with me. All feedback is welcome.

Informed Consent

Please confirm your agreement

I confirm that I have read the above terms and hereby confirm that I have done sufficient research for myself, or understood the information provided by Holly, to feel confident about undertaking this process. I feel enthusiasm to get started and I do so willingly and holding a positive intention for myself. I hereby agree to begin sessions with Holly Griffiths t/a Aurora Tantra.

I understand that the practitioner's work is not psychotherapy or medical treatment.

I understand that it is my responsibility to ensure I can meet the minimum physical and technical requirements for our session and any failure to do so may result in the early termination of our session.

I understand that the flow of energy is primarily one-way from Holly to me. Any personal engagement by Holly in either touch of herself or mutual tantra practices is given as a gift at her discretion.

I understand that each session is client-led and that if I request that it be changed or stopped, the practitioner will respond accordingly.

I understand that Holly may remain clothed during sessions. This is always at her discretion and what is appropriate to the session type.

I have stated all medical conditions that I am aware of, and I will update Holly on any changes in my health status before each appointment.

I understand that Holly is not acting as a surrogate partner and that she will not become sexually, romantically or emotionally involved with me outside of our sessions.

I will not come to any session under the influence of alcohol or other substances that might impair my judgement or ability to consent or integrate the experiences I have.

I am over eighteen years old

I am not attending in any undisclosed professional capacity including as a journalist, law enforcement official or local authority.

I understand that if I breach any of the above conditions, Holly may terminate the session at any time.

Pre-Appointment Questionnaire

Name *

Aliases are welcome

Sexuality / Gender Identity / Pronouns

Totally optional but may be important for me to know

I consent to being contacted via: *

- Phone call
- Text
- Email
- Voicemail
- Other

Please confirm if you are suffering from any of the following health conditions: *

- Heart Condition
- Diabetes
- Epilepsy
- Osteoporosis
- Arthritis
- Skin Conditions
- Inflammation
- Recent Surgery
- Breathing Difficulties
- Vein or Artery Conditions
- Pain (including genital pain)
- A Sexually Transmitted Infection
- Fungal Infections
- None of the above
- Other

Please provide at least one means of contacting you and to help me to link your form to our earlier interactions.

Phone Number *

Email *

FetLife ID *

Do you experience any other mental or physical challenges that have not been covered but may be important for me to know, including any addictive or compulsive behaviours?

Health & Wellness Information

Your Intention & Reasons for Seeking Support

What is your Intention *

If you could name three things in life that would be different after our sessions, what would they be ~ Dare to dream!

Thank You for sharing your deepest self with me.

Your responses will be received by a loving heart and kept between us, in confidence.

Please select all that apply:

- I struggle to get and maintain an erection
- I lack confidence in relationships or sexual situations
- I lack confidence in my appearance / body
- I often climax quickly during sexual situations
- I struggle to feel satisfied during sex or masturbation and/or I have a high libido
- I masturbate daily
- I rely on porn to arouse me
- I rarely masturbate
- I feel that there is more to sex than my current experience
- I am looking to discover more about myself and what makes me tick
- I am more comfortable giving pleasure than receiving it
- I find it difficult to orgasm
- I don't know what turns me on

Is there anything else you would like to share about your sexual history, challenges or past relationships that it might be helpful for me to know?